# We Stand Against Abuse

## TYPES OF ABUSE

**Psychological** 

Bullying, shouting, swearing

**Financial** 

Taking money, not allowing access

Physical

Hitting, slapping, physical harm

**Neglect** 

Withholding essential care

Sexual

Inappropriate touching, comment

Social

Stopping access to family/friends

#### **RISK FACTORS**



Dependence on Others



Health Issues



Isolation



Difficulty Managing Money

#### STOPPING ABUSE



Speak to your Health Provider



Contact **Adult Protective Services** 



Consult a Lawyer

### **ABUSE HELPLINES**

**Linn & Benton Counties** 541-924-8418

**Lincoln County** 541-336-2289

(Toll Free 888-282-6194) (Toll Free 888-896-1013)

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Fear of retaliation. embarrassment and shame prevent many abused vulnerable adults from seeking help, while others remain silent out of love and the belief that they are protecting their family.

#### **REPORT IT!**

Abuse is often a crime. If you or a family member are in danger, call the police.



# Prevention

Stay connected to friends, family, and community

Access professional services to prevent dependence

Know your rights and don't be afraid to ask for help

Consult a lawyer before signing any documents

